**Author Encourages the Power of Positive Thinking**

*‘I read it with my four year old who giggled at Felix's initial*

*outrageous pet suggestions and roared with laughter*

*at his final pet choice.’*

(Helene, abookwormcrafts)

***Perth, [12th May]***

*On 12th May Fiona Lowry will release her new children’s picture book* ***Felix’s Favourite Day****.*

***Felix’s Favourite Day*** *is a lovely illustrated and colourful book for children aged 3-7, encouraging the power of positive thinking, with a main character who is easy to relate to.*

Felix loves animals and dreams of being a vet when he is older. The only problem is, he doesn’t have his own pet to look after yet. After begging, badgering and bothering his parents, Felix is finally taken to the local animal shelter for what his parents hope will be a sensibly chosen cat or dog… Felix may have other ideas!

*Fiona is inspired by her childhood in the idyllic Scottish countryside, secluded in her own private world of fun and adventure. She infuses her writing with gentle threads of positive thinking to encourage children to find their inner confidence, face their fears or see the beauty in their own – and others’ – unique design.*

*“I am delighted to announce the release of Felix’s Favourite Day.” Fiona says, “My children would love to have their own pet, though we haven’t quite got around to buying something yet. Although my children would like a simple dog as a pet, the idea for Felix came to me one day wondering what other pets children might ask for. That’s when the fun began!’*

To encourage the power of positive thinking, Fiona Lowry’s new book **Felix’s Favourite Day** will be released on *12th May* via Amazon, and with The Book Dragon, Stockton-on-Tees, online and in-store.

*For more information please contact: Fiona Lowry,* [*fionalowryauthor@hotmail.com*](mailto:fionalowryauthor@hotmail.com)*, 07789 380813.*

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*The Book will be available via Amazon (worldwide) and through The Book Dragon (online and in-store)*

*Book Info*

*RRP: £9.99*

*ISBN (paperback):* 978-1738556311

*Published by: Amazon*

Notes to Editors

Fiona is a Scottish children’s author based in Perthshire, where she lives with her family. Having grown up in the idyllic, peaceful, and secluded countryside, her childhood was full of freedom and adventure. Life took over, and as an adult, Fiona felt she had to live up to other’s and society’s expectations. However, having ventured on a personal spiritual journey, Fiona has found her true self again. Fiona shares her power of positive thinking through children’s stories of encouragement, self-growth, and belief.

Franco and The Green Light Fairy won The Golden Wizard Book Prize 2022. Fiona’s other book, Felix’s Favourite Day, also won The Golden Wizard Book Prize 2022 as well as American Writing Awards 2023, Children’s Book International (Animals/Pet’s Category).

Both books were illustrated by the late Johanna Bruyer, a hugely talented illustrator who will be sadly missed.

Fiona has several other manuscripts finalised and is currently working on her first children’s chapter book which she hopes to release in 2024.

For more information on Franco and The Green Light Fairy please visit [www.fionalowryauthor.com](http://www.fionalowryauthor.com)